



Areas of Expertise (Adults)

- Brain injuries
- · Spinal injuries
- · Progressive neurological conditions
- · Functional neurological disorder
- · Disorders of consciousness
- Orthopaedic injuries
- · Major and polytrauma
- · Neurological rehabilitation
- · Post-traumatic stress

Professional Registration and Memberships

- Health and Care Professions Council (HCPC)
- Royal College of Occupational Therapists (RCOT)
- Case Management Society of the United Kingdom
 (CMSUK)
- British Association of Brain Injury Case Managers (BABICM)

Qualifications

• Bachelor of Science (Honours) in Occupational Therapy, University of Southampton

Kelly RuddBSc(Hons)OT Case Manager

Personal Statement

Kelly is an occupational therapist with over 20 years of neurosciences experience, working with adults with neurological diagnoses including brain injury, brain tumours, subarachnoid haemorrhage, multiple sclerosis, Guillain Barré syndrome and spinal injury. She has worked in various settings including inpatient, outpatient and the community. Her clinical work has included assessment of people with complex neurological disabilities and involvement in intensive rehabilitation programmes. She has co-ordinated complex discharges into the community, including care packages, often with clients lacking mental capacity and with challenging social circumstances. As well as supervising clinical staff, Kelly has managed clinical teaching in neuro-rehabilitation for medical students and is an experienced practice educator for occupational therapy students.

Kelly has worked as a case manager since 2012 and an expert witness preparing Care and Occupational Therapy reports since 2019. She has experience of working with adults who have complex neurological conditions, spinal injuries and orthopaedic conditions. She coordinates and manages rehabilitation programmes, complex care packages and supported living trials to maximise her clients' recovery and quality of life. She is highly skilled at working with clients with complex presentations and situations, and facilitating the best outcomes for them.

Kelly undertakes continuing professional development by attending regular webinars, conferences and training courses. She also undertakes regular refresher training in the Revised Civil Procedure Rules.

